Team Building for Managers Workshop

Course Duration 1 Day

Team building is an important part of the work experience. It is not only applicable to your work life, but also transfers over to your personal and social life. When working with a team, it is important to fully engage yourself. One should take the time and proper steps, to become the best team member they can be.

With our Team Building for Managers workshop, your participants will learn how important team building is and how beneficial it can be. Through this workshop, your participants will gain a new perspective on teamwork, and become a valuable member to any team they are placed in. Follow the information in this workshop and create a positive atmosphere within your company with the use of teams.

Course Objectives

At the end of the course participants will be able to:

- Discuss the benefits of team work

- Understand the importance of intentionally fostering teamwork

- Determine strategies your organization can take to build teams

- Understand the benefits of games and social activities in building a team

- Apply the principles of team building to your own organization

Course Outline

What Are the Benefits of Team Building?
Better Communication and Conflict Resolution
Effectiveness
Motivation
Camaraderie

Types of Team Building Activities
Games
Activities
Education
Social Gatherings

Games
Games for Introductions
Games to Build Camaraderie
Games for Problem-Solving
Games to Stimulate Interaction

More Team Building Games
Games to Build Trust
Games to Motivate

Games to Build Communication
Games for Conflict Resolution

Activities
Activities to Build Camaraderie
Activities for Idea Sharing
Activities to Build Trust
Activities to Stimulate Interaction

More Team Building Activities
Activities to Motivate
Activities to Improve Working Together
Activities to Build Communication
Activities for Conflict Resolution

Social Gatherings
Singing/Karaoke
Dinner/Potlucks
Physical Activities

Meetings

Common Mistakes When Team Building
Allowing Cliques to Develop
Not Delegating Tasks
Rewarding in Private/Criticising in Public
Disjointed Plans of Grandeur

Formatting a Team Building Plan
Define the Goal
Consult Team Members
Research and Create Structure
Keep It Fun

Evaluate
Was the Goal Met?
Was the Team Building Cohesive?
What Did the Team Think of the Team Building?
How Can the Team Building Be Improved for Next Time?